



## Estranediols profiling in calves' urine after 17 $\beta$ -nandrolone laureate ester administration<sup>☆</sup>

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### ABSTRACT

17 $\beta$ -Nandrolone (17 $\beta$ -NT) is one of the most recurrent forbidden anabolic steroid used in meat producing animals breeding. Because efficient control must both take into account metabolic patterns and associated kinetics of elimination, the metabolism of 17 $\beta$ -NT in bovines has already been investigated and is well documented, but only focussing on its main metabolites (i.e. 17 $\alpha$ -nandrolone, 19-noretiocholanolone and 19-norandrostenedione). The goal of the present study was to enlarge this panel of 17 $\beta$ -NT metabolites, especially through the urinary estranediols fraction in order to perform a more global steroid profiling upon 17 $\beta$ -nortestosterone laureate ester administration in calves. A GC-MS/MS method has been developed to monitor and quantify 5 estranediols isomers including 5 $\alpha$ -estrane-3 $\beta$ ,17 $\beta$ -diol (*abb*), 5 $\beta$ -estrane-3 $\alpha$ ,17 $\beta$ -diol (*bab*), 5 $\alpha$ -estrane-3 $\beta$ ,17 $\alpha$ -diol (*aba*), 5 $\alpha$ -estrane-3 $\alpha$ ,17 $\beta$ -diol (*aab*) and 5 $\beta$ -estrane-3 $\alpha$ ,17 $\alpha$ -diol (*baa*). Their urinary elimination kinetics have been established allowing detection of 4 estranediols up to several days after administration. All animals demonstrated homogeneous patterns of elimination both from a qualitative (metabolite profile) and quantitative point of view (elimination kinetics in urine). 5 $\alpha$ -Estrane-3 $\beta$ ,17 $\alpha$ -diol (*aba*) was found as the major metabolite with concentrations up to 100  $\mu$ g L<sup>-1</sup>.

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### 1. Introduction

The use of anabolic compounds is prohibited in food producing animals in the European Union [1]. Amongst other steroids, 17 $\beta$ -nandrolone (17 $\beta$ -19-nortestosterone) (17 $\beta$ -NT) may be used for its anabolic activity comparable to that of testosterone with less androgenic associated side effects. Detection of anabolic steroid abuse is performed through effective monitoring, detection, identification and confirmation methods. In this context, gas chromatography coupled to mass spectrometry (GC-MS) is the technique commonly used for the analysis of urine samples by anti-doping or analytical laboratories [2–5]. Improved analytical sensitivity, leading to increased periods of detection post drug administration, can be achieved in urine using gas chromatography–tandem mass spectrometry (GC-MS/MS) [6–9] or liquid chromatography–tandem mass spectrometry (LC-MS/MS) [10–15].

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Efficient control of the illegal use of anabolic steroids must both take into account metabolic patterns and associated kinetics of elimination [5,8,16] which have mainly been reported for 17 $\beta$ -NT on human subjects [5,8,9,17–19,21] but also on horses [20], pigs and bovine animals [22–25], in particular calves [22–29]. In horses [30–32], main reported metabolites observed after 17 $\beta$ -NT administrations are 17 $\alpha$ -nortestosterone (17 $\alpha$ -NT), 19-noretiocholanolone (NE) but also 19-norandrosterone (NA), which has rarely been observed in cattle. These metabolic pathways are slightly different from that observed in human [5,8,17,20,21] and pig [32–34] where no epimerization exists and main observed metabolites are NA and NE. In cattle, the major pathway is C17 epimerization, 17 $\alpha$ -NT being the most abundant metabolite after 17 $\beta$ -NT administrations [22–25,29,35]. Most of the previous studies have also reported, in different animal species, estranediols as important metabolites resulting from the complete reduction of  $\Delta$ 4-3-oxo group. In horses, the isomers 5 $\alpha$ -estrane-3 $\beta$ ,17 $\alpha$ -diol (*aba*) and 5 $\alpha$ -estrane-3 $\beta$ ,17 $\beta$ -diol (*abb*) have been detected as main metabolites [30,31]. In bovines, the configuration 5 $\alpha$ -estrane-3 $\beta$ ,17 $\alpha$ -diol, *aba*, has been identified as the predominant one [22,23,25,36]. The isomers *bab* and *abb* have been identified in pigs after 17 $\beta$ -nandrolone laureate ester administration [32–34]. However, only few of these studies have reported quantitative data on 17 $\beta$ -NT metabolites. In a previous paper [29], we reported elimination kinetic in calves' urine of 17 $\beta$ -nortestosterone laureate



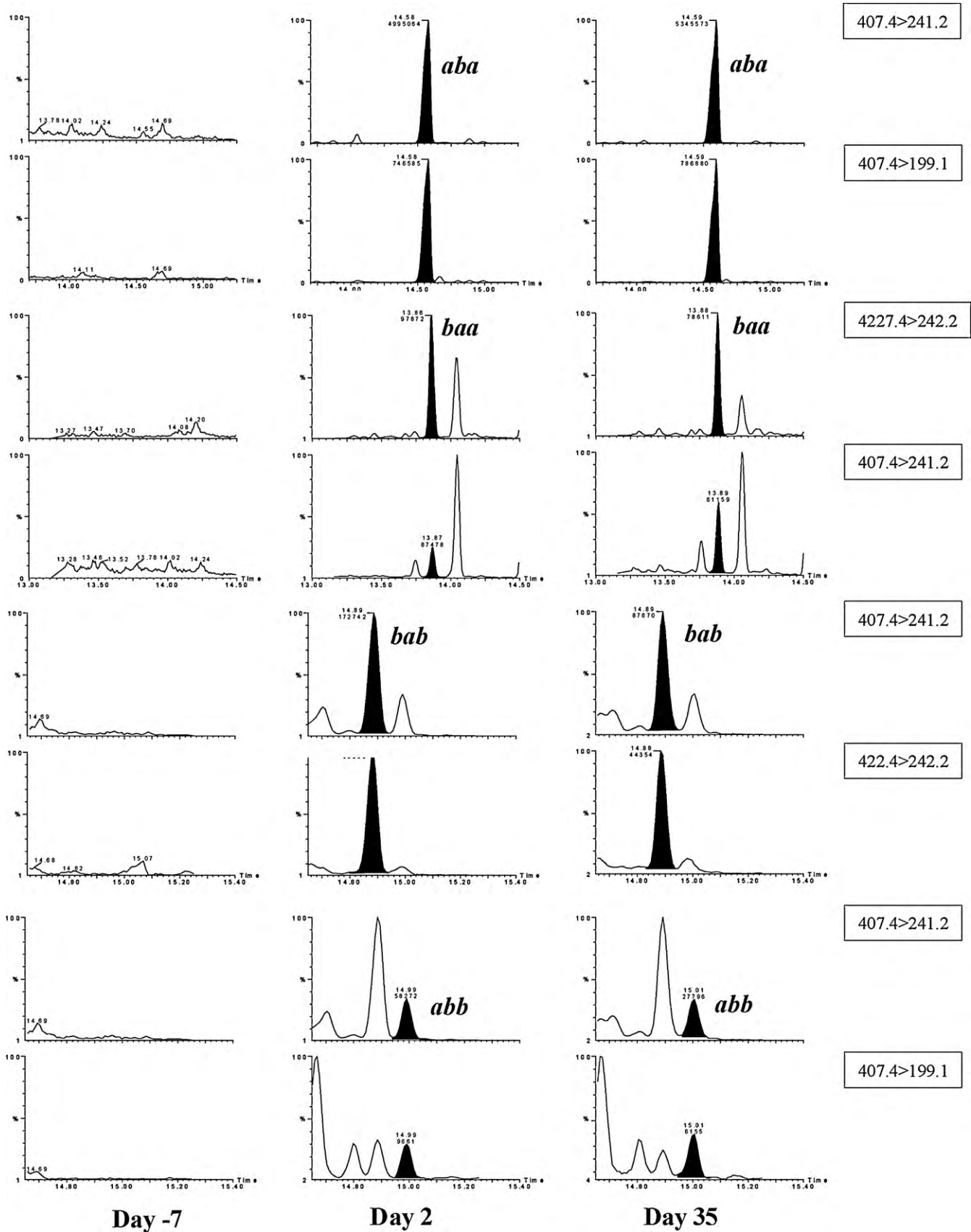


Fig. 2. Example, for one calf, of ion chromatograms of urine samples collected on three points: before treatment (day -7), after the first administration (day 2) and at the end of the experiment (day 35). Monitored signals correspond to *aba*, *baa*, *bab* and *abb*. GC-EI(+)-MS/MS analysis and SRM acquisition mode.

ica column conditioned with hexane. The column was washed with 3 mL hexane/ethylacetate (75:25; v/v) then 8 mL hexane/ethylacetate (85:15; v/v). Analytes were eluted with 20 mL hexane/ethylacetate (60:40; v/v) which were evaporated to dryness under a gentle stream of nitrogen. After addition of 7.5 ng norgestrel (Sigma–Aldrich) as external standard, the samples were derivatised 40 min at 60 °C with MSTFA-TMIS-DTE (1000:5:5; v/v/w). Of this extract, 2  $\mu$ L was injected onto the GC-column.

#### 2.4. Gas chromatography–mass spectrometry measurement

HP 6890 gas chromatograph was coupled to a VG Quattro II (Micromass, Manchester, UK) triple quadrupole mass spectrometer and a OV-1 (OHIO VALLEY, 30 m  $\times$  0.25 mm, 0.25  $\mu$ m) was used. Helium was used as carrier gas at a flow rate of 1 mL/min in the constant pressure mode and the transfer line was maintained at 320 °C. Pulsed splitless injection was operated at 250 °C and 60 kPa during 1 min. The initial oven temperature was 120 °C for 2 min and increased to 250 °C at 15 °C/min then to 300 °C at 5 °C/min and hold for 8 min. The mass spectrometer was operated in the selected reaction monitoring (SRM) acquisition mode after electron ionisation of the analytes. In the collision cell, argon was used as collision gas at  $4.5 \times 10^{-4}$  mbar. Table 1 summarizes the retention times ( $T_R$  values), and optimised acquisition parameters for transitions and collision energies for each compound of interest.

### 3. Results and discussion

For the purpose of the present work, a GC–MS/MS detection method was developed in order to separate and identify unambiguously the estranediol isomers: 5 $\alpha$ -estrane-3 $\beta$ ,17 $\beta$ -diol (*abb*), 5 $\beta$ -estrane-3 $\alpha$ ,17 $\beta$ -diol (*bab*), 5 $\alpha$ -estrane-3 $\beta$ ,17 $\alpha$ -diol (*aba*), 5 $\alpha$ -estrane-3 $\alpha$ ,17 $\beta$ -diol (*aab*) and 5 $\beta$ -estrane-3 $\alpha$ ,17 $\alpha$ -diol (*baa*). As shown in Fig. 1, the extracted ion chromatograms of the 5 derivatised compounds of interest acquired in full scan mode and corresponding to the molecular ions ( $m/z$  422) as well as their demethylated forms ( $m/z$  407) give evidence for their good chromatographic separation which enables individual monitoring.

Urines samples collected on 6 treated calves (3 males and 3 females) taken during the whole time window of the experiment (on days –7, 0, 1, 2, 3, 4, 14, 15, 16, 17, 18, 28, 29, 30, 31, 32 and 35) and corresponding to 102 samples, have been analysed in the present study. For each of these compounds, except for *aab* which has never been identified in the samples, Fig. 2 shows 2 ions chromatograms corresponding to 3 collection points: before administration (day –7), after the first administration (day 2) and at the end of the experiment (day 35). When none of the monitored compounds were detected before administration, they could be identified in urine samples of treated animals immediately after the first injection and during all the experiment. If *aba* has already been described in literature as a urinary metabolite of 17 $\beta$ -NT in cattle [22], the present study also allowed detection of additional estranediol isomers, namely *baa*, *bab* and *abb*, which have never been reported in bovines previously. For each treated calves and for each isomer, kinetics of elimination are shown in Fig. 3 it appears that whatever the considered estranediol and the animal involved in the study, profiles of elimination are similar. No significant difference could be observed between male and female animals in term of global urinary excretions profiles whereas some important differences in terms of concentration range could be observed for *aba*, *baa* and *abb*, which were respectively excreted in average 2, 1.5 and 1.5 times higher in female urines than in male samples.

After each injection of 17 $\beta$ -nortestosterone laureate ester, the urinary elimination of estranediols increases but not proportionally

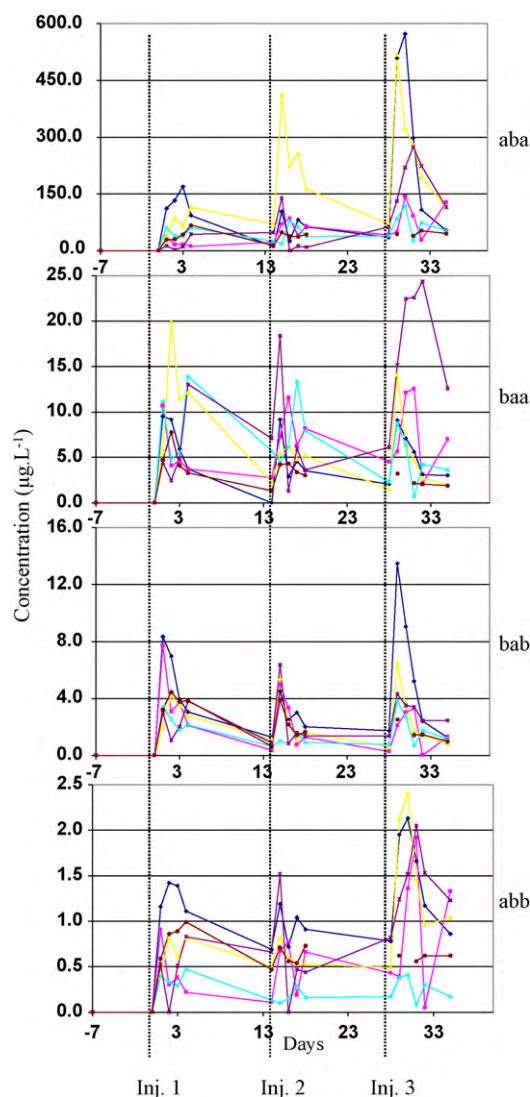


Fig. 3. Kinetics of elimination over 35 days of *aba*, *baa*, *bab* and *abb* for 6 17 $\beta$ -NT laureate/17 $\beta$ -E2 benzoate treated calves. Concentrations have been calculated from GC–EI(+)-MS/MS analysis of collected urine samples.

to the injected dose. The excretion rates reach the highest value 24–72 h after each administration. Respective concentrations are different depending on the metabolite considered, *aba* exhibiting the highest concentration level ( $>100 \mu\text{g L}^{-1}$ ) whereas *baa*, *bab* and *abb* mean highest concentration values were 15, 7 and  $1.6 \mu\text{g L}^{-1}$ , respectively. These results are in agreement with the metabolism of 17 $\beta$ -NT in bovine species: since C17 epimerization is a major pathway, the urinary concentration of 17 $\alpha$  metabolites is expected more important than that of 17 $\beta$ -estrane diols (Fig. 4). Amongst the monitored estranediols, the most important one, in term of urinary concentrations, is the 5 $\alpha$ -estrane-3 $\beta$ ,17 $\alpha$ -diol (*aba*), which is in agreement with previous studies [22,23,25] reporting this metabolite as the most abundant HO-catabolite of 17 $\beta$ -NT in cattle.

The present results combined with those from the previous study [29] allow concluding on the privileged metabolism pathway for 17 $\beta$ -NT in calves with predominance of the 17 $\alpha$ -metabolites 17 $\alpha$ -NT then *aba*. Since it is generally accepted that 17 $\alpha$ -NT is the major metabolite in urine, this analyte is the target residue in most residue control plan. However, as presented by Daeseleire et al. [22] this is not always the case: the predominance of *aba* in calves' urines after oral intake of 17 $\beta$ -NT was reported whereas after intramuscular injection of 17 $\beta$ -NT laureate the most abundant metabolite



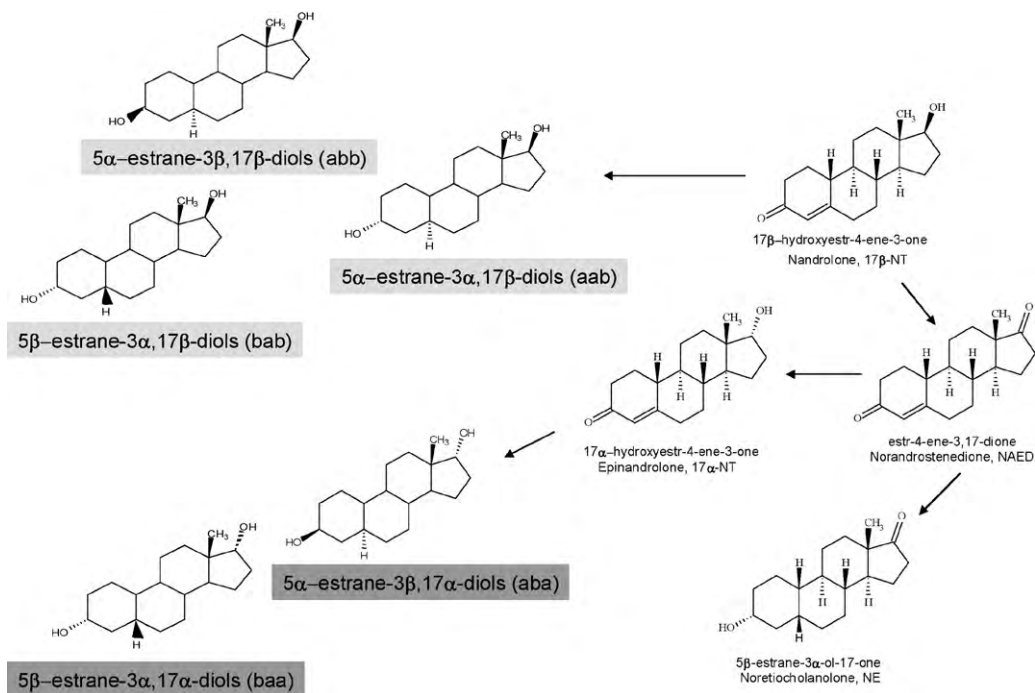


Fig. 4. Proposition of nandrolone (17β-NT) metabolic pathway.

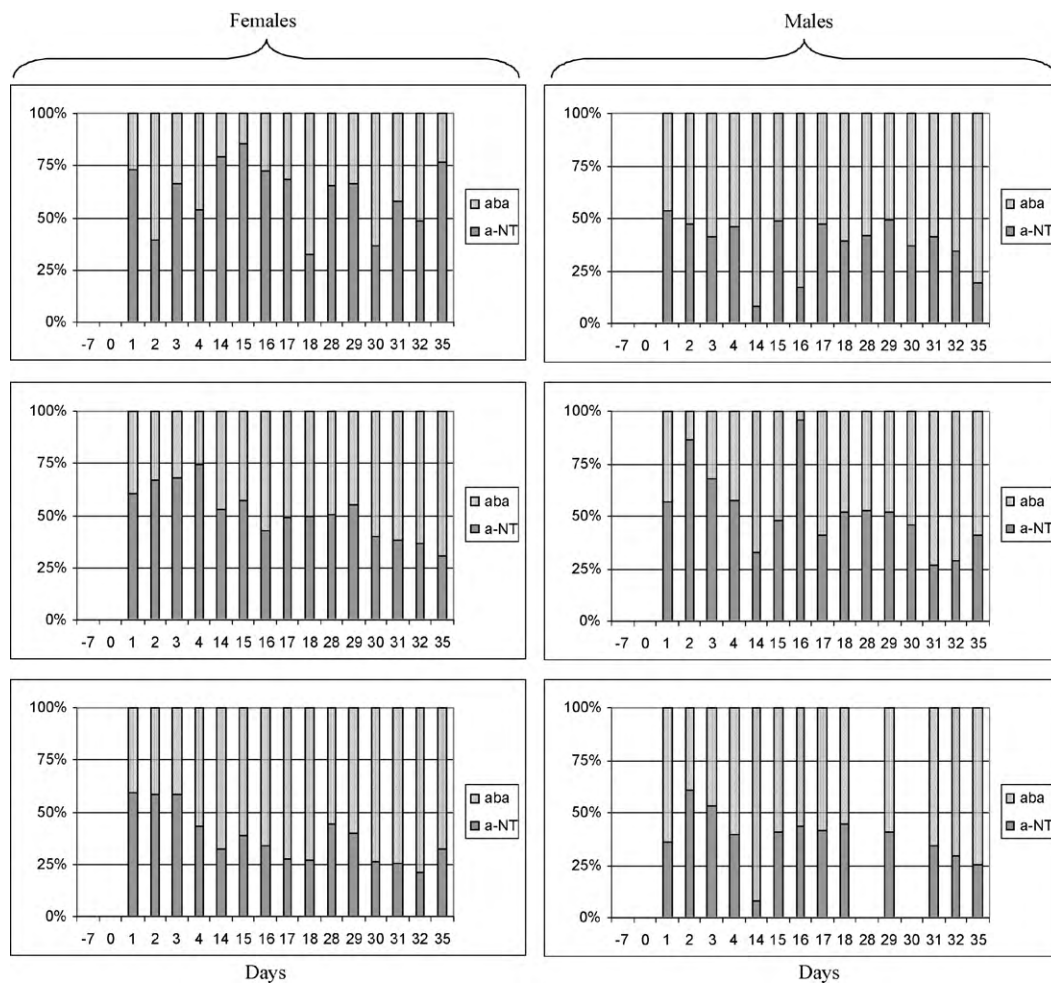


Fig. 5. Kinetic profiles of the ratio between the 2 major monitored metabolites, *aba* and 17α-NT, over 35 days and for 6 17β-NT laureate/17β-E2 benzoate treated calves. Percentages have been calculated from GC-EI(+)-MS/MS data analysis of collected urine samples.

was 17 $\alpha$ -NT. Fig. 5 presents urinary concentrations ratios between the two major metabolites found in the present study, *aba* and 17 $\alpha$ -NT, along the experiment. For each animal, no significant difference could be observed between males and females in term of kinetic profile. These ratios indicate that *aba* and 17 $\alpha$ -NT are excreted in similar concentrations, and in quite equivalent proportions. Both of them can be considered as major metabolite of 17 $\beta$ -NT in calves.

#### 4. Conclusion

Focussing on the particular estranediols steroid fraction, the present work allowed further investigation of 17 $\beta$ -NT metabolism in calves after 17 $\beta$ -NT laureate ester administration. A GC–MS/MS method for the detection and identification of five estranediol isomers (*aba*, *baa*, *bab*, *abb* and *aab*) has been set up. The application of the method to the analysis of urine samples collected on treated animals revealed that 4 of the them (*aba*, *baa*, *bab*, and *abb*) could be detected in the samples after 17 $\beta$ -NT laureate ester administration, *aba* being the major one. Elimination profiles have been established allowing detection of the compounds up to several days after 17 $\beta$ -NT administration which may open a new way for the control of anabolic steroid administration by global steroid profiling and therefore extend the field of investigation. Indeed and mainly as a result of this extensive metabolism combined with the possibility of interferences with other endogenous compounds, detection of the illegal use of 17 $\beta$ -NT often turns out to be a difficult issue. In recent years, proving the illegal administration of 17 $\beta$ -NT became even more challenging since different authors reported data to demonstrate the endogenous presence of 17 $\beta$ -NT or some of its metabolite in different species [19,38–41]. In bovines particularly, if it is known for a long time that 17 $\alpha$ -NT can occur naturally in the urine of pregnant cows [42], it was generally accepted that neither 17 $\alpha$ -NT nor 17 $\beta$ -NT occur naturally in the urine of steers or bulls [43]. Nevertheless, some recent findings reported that both forms can be detected in injured animals [44] which will most likely represent a difficulty for EU member states who currently rely on both forms measurements to monitor and control the abuse of this popular drug.

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